

Fall 2025, Week 4: Ages 7-9

• Game Changing Sportsmanship

- Winning is fun, isn't it? It feels good to celebrate an achievement or a victory! But, is winning the most important thing? It doesn't matter whether you win or lose; it's how you play the game. "Being a good sport and demonstrating sportsmanship is an important part of Collaborating with Others. We know that our personal attitudes and how we treat others have an impact. When you are being a good sport, you are:
 - Congratulating somebody when they do a good job
 - Being honest and not cheating
 - Being kind and not name-calling
 - Giving positive feedback to your teammates and fellow players
 - Learning how to listen to feedback from others without getting upset
 - Showing respect to your fellow players
 - Having a positive attitude even when you lose
 - Not bragging if you win the competition
 - Understanding how the other person is feeling if they did not win
 - Accepting the results if you lose
 - Not giving up when you're losing the game
 - Shaking hands with your teammates, no matter the outcome
- It's normal to feel disappointed if you don't win, but it's not OK to be rude or disrespectful to others because of it. A good sport understands the importance of playing fair, following the rules, and respecting your fellow players.

• **Follow Up Questions:**

- What does good sportsmanship look like/sound like?
- Why can it be hard to be a good sport?
- How does being a good sport help us collaborate with others?
- How does it make you feel when someone is a good sport/bad sport to you?

GOLF SKILL QUESTIONS

• **What are the golf skills you focused on today?**

- Putting, Chipping, Full Swing

• **What area did you focus on with the golf skills?**

- Distance Response: Swing size, BIG, medium, small
- Getting Ready to Swing: Feet Set, Hands Together, Arms. Pick your target, set your body, swing.

• **What is one skill you learned that you did not know before? How does this skill help your golf game?**

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