

### • **Do I have what does it take to do the right thing?**

- Life is full of choices. Each and every day, you have the opportunity to practice Using Good Judgment and choosing honest behaviors. What does this mean?
  - You choose to do and say things that are truthful, not only when playing golf, but in everything you do.
  - You tell the truth to others, and you are also truthful with yourself.
  - Being honest means you act in a way that you know is right.
  - Sometimes acting and behaving honestly isn't easy or fun, but it is the right thing to do. When you have the courage to do what's right, even when it's hard when no one is looking, you have Integrity. Golf is the perfect sport to practice being honest because it relies on you and your fellow players to keep your own score, and to call penalties on yourselves when needed. Unlike other sports, there is no referee. You must put your good judgment skills to use! Acting with both honesty and integrity is one of the most important commitments you can make as a Game Changer both on and off the course.

### • **Follow Up Questions:**

- What are some examples of being honest when playing golf/at home?
- How can you do when someone is not being honest with you?
- How can we use different sizes of swings with different clubs?
- What has been your favorite part of First Tee so far?!

## GOLF SKILL QUESTIONS

### • **What are the three golf skills you focused on today?**

- Putting, Chipping, Full Swing

### • **What area did you focus on with the three golf skills?**

- Distance Response: We know that we can have a small/medium/large swing, but can we is there always one choice to make with the shot we want? Just because I CAN do a large swing with my club, doesn't mean its the best choice. Is it safer to pick a bigger club and swing less? The more you use different clubs and different swing sizes, the more you can learn about your own swing, and personal distances!

### • **What is one skill you learned that you did not know before? How does this skill help your golf game?**

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