

• Using good judgement – Doing the right thing in golf and in life

- Life is full of choices. Each and every day, you have the opportunity to practice Using Good Judgment and choosing honest behaviors. What does this mean?
- • You choose to do and say things that are truthful, not only when playing golf, but in everything you do
- • You tell the truth to others, and you are also truthful with yourself.
- • Being honest means you act in a way that you know is right.

- Sometimes acting and behaving honestly isn't easy or fun, but it is the right thing to do. When you have the courage to do what's right, even when it's hard when no one is looking, you have Integrity. Golf is the perfect sport to practice being honest because it relies on you and your fellow players to keep your own score, and to call penalties on yourselves when needed. Unlike other sports, there is no referee. You must put your good judgment skills to use! Acting with both honesty and integrity is one of the most important commitments you can make as a Game Changer both on and off the course.

• **Follow Up Questions:**

- What does being honest look like?
- Is integrity something you have or something you do?
- Why do you think it takes so much courage to do what is right?
- Why is it important to play by the rules?
- How do we demonstrate integrity and honesty when playing golf?
- If a ball does not go the distance you want, how can you change that?

GOLF SKILL QUESTIONS

- **What are the three golf skills you focused on today?**
 - Putting, Chipping, Pitching
- **What area did you focus on with the three golf skills?**
 - Getting ready to swing – Stance, set up, hands/arms/feet
- **What is one skill you learned that you did not know before? How does this skill help your golf game?**

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