

Spring 2025, Week 6: Ages 7-9

- **ON THE COURSE! PUT IT ALL TOGETHER! BE A GAME CHANGER and Play Better!**
  - We are back on the course tonight! Last time out, we focused on our Key Commitments of Collaborating with others, Respect, Responsibility, Honesty, and Sportsmanship. Tonight, we are going to focus on applying our golf skills to the course. We have focused on how to putt, chip, and full swing. When we play golf, we will need to use all 3 of these and more to be successful. All 3 types of swings have small/medium/big swings. Can I be better tonight than I was before?!
  - - Feet Feet Thunderclap Down - This is how we get ready to swing. Set our feet. Get our hands out in front of us on the club. Bend at the waist and get the club to the ground!
    - Big Swing - Full swings mean big distances, but be careful, a full swing with a putter is much smaller than a full swing with a driver.
    - Medium Swing - This is when I need the ball to go a medium distance, but once again, a medium swing changes depending on the club that you are using!
    - Small swing - The shortest distance for our ball to go! Can you keep control of how far the ball goes?!
    - The best practice - The best way for us to test our skills is on the real golf course! Practicing is great, but we have to play golf to see if we are really getting better!
- **Follow Up Questions:**
  - How did you play today?
  - Do you feel more/less confident in your playing ability?
  - What are you going to improve on for next time on the course?
  - What was the best part about golfing today?
  - What was a not so good thing about golfing today?

## GOLF SKILL QUESTIONS

- **What are the three golf skills you focused on today?**
  - Putting, Chipping, Pitching, Full Swing
- **What area did you focus on with the three golf skills?**
  - Get ready to swing - Feet Feet Thunderclap Down. Size of swing - Big, Medium, Little.
- **What is one skill you learned that you did not know before? How does this skill help your golf game?**

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